

## *Volunteers in the Spotlight*



**Wendy Stewart** - Recently I had the pleasure to sit down with Wendy Stewart one of our hard working volunteers and asked her - Why do you volunteer?

"Why do I volunteer!!

I had retired from work and the Olympics were coming up in the year 2000 so I thought why not volunteer. Well, that was the start of my volunteering.

From volunteering you have the opportunity to meet so many people from all walks of life, young people attending TAFE doing courses in Event Organising, retired people like myself doing a service to the community and people volunteering at weekends for sporting organisations.

I volunteer for many organisations including the Cancer Council and MS Society from which you do get a lot of satisfaction that you are helping the community in raising money for much needed medical science. These events are usually with the Daffodil Day and Pink Ribbon Day with the Biggest Morning Tea as well. For the MS Society it is the Fun Walk/Run and Bike Ride to the Gong, which Bicycle NSW is one of the sponsors. Volunteers are included in any Forums that are conducted for the MS Society where we are faced with the reality of seeing people with this illness and what they are going through. We are so lucky to have good health.

For the fun side of things I volunteer for many sporting organisations including Bicycle NSW, Sydney Running Festival, Walk The Bridge, NYE Festivities in Sydney, Medibank Tennis, Weet-Bix Kids Try-athlon, Historic Houses Open Day and not to forget the Royal Easter Show.

There is so much for a volunteer to do and my experiences do not account for all the volunteering there is to do. So do get yourself involved."