

VOLUNTEERS

THE NEXT GENERATION OF STARS

bicycle
NSW
Volunteering
Volunteering News October 2010



NSW GOVERNMENT
spring
CYCLE



Volunteer registration for Bicycle NSW's, 2010 NSW Government Spring Cycle Closes Soon!!

The Spring Cycle is only 2 weeks away and we are still searching for route marshal volunteers. If you haven't signed up or if you have a friend who can help us out, please register online at www.springcycle.com.au or call Tony 02 9704 0809 to be sent an application form.

It is vital that we have all key route marshal positions filled to hold this event, so don't delay, sign up today and become the star of the event!

FREE Courtesy bus for those early starters at North Sydney - Thanks to the people at Lemon Detox, Bicycle NSW is able to operate a **FREE** bus for those volunteers who have early starts at North Sydney.

Check out the volunteering page on the Spring Cycle website to see the shuttle bus timetable and location.

To book a spot on the bus email Tony at volunteer@bicyclensw.org.au or call 02 9704 0809

September Prize Winners - Congratulations to the following volunteers who have recruited a friend to be a part of the fun and excitement of volunteering for the 2010 NSW Government Spring Cycle.

- ANZ Stadium Tour Tickets - Joseph Farrugia, Jim Jones
- AMF Bowling Ticket - Peter Kwong
- Mt Penang Gardens Pass - Wendy Hitchcock, Edwina Walker
- Krispy Kreme Voucher - Patricia Tung

Congratulations guys you will receive your prize after the event.

Volunteer Briefing - Attend the 2010 NSW Government Spring Cycle Volunteer Briefing and receive a Lemon Detox gift pack!!!

To keep you in the know, Bicycle NSW will conduct 2 volunteer briefings. Please ensure you attend either:

- Briefing 1, 12:30pm, Friday 8 October 2010 at the Bicycle NSW Office, Building A 1st Floor, 1 Herb Elliott Avenue, Sydney Olympic Park. Nearest train station is Olympic Park.
- Briefing 2 Monday 11 October 2010 - 6:30pm to 8:00pm - Wesley Conference Centre, 220 Pitt St Sydney. Nearest train station Town Hall.

All volunteers must turn up for at least one volunteer meeting. These meetings are set up for your benefit; they are the best chance for you to understand your role, meet your team leader, fellow volunteers and Bicycle NSW staff members; and for us to provide you with all the necessary information and training you need to successfully complete your volunteer experience. Even if you have attended previous meetings and don't feel it is important please consider that procedures are constantly changed and updated with each event and you may miss out on valuable information.

RSVP your attendance to volunteer@bicyclensw.org.au or call Tony on 02 9704 0809.

Volunteers in the Spotlight -
This month in the spotlight is one of our long serving Team Leaders Bill Lodge. Bill has been there-done-that in every aspect of volunteering and carries with him a wealth of experiences and stories. Check out the "Volunteers in the Spotlight" page at www.bicyclensw.org.au to hear all about it.

****Sign up your friends and family as volunteers and WIN!** - For the month of October, Bicycle NSW is giving away Mt Penang Gardens entry passes, AMF Bowling games, ANZ Stadium Tours and passes to Taronga Zoo.

You could win one of these great prizes by getting a friend or a family member involved in the 2010 NSW Government Spring Cycle. Simply ask them to register as a volunteer at www.springcycle.com.au and to write your name in the area that asks if they would like to be team up with another volunteer. It's that easy!**





Volunteer Event Information Pack - The team here at Bicycle NSW has been busy preparing and sending out all the 350+ volunteer information packs. Thanks to Hebe Strong, Liz Buscaino and Richelle Pratap for volunteering their time to make up the ID cards and stuffing the envelopes!

If you registered before September 30 then you should have received your 2010 Event Information Pack by now. Containing your Volunteer Job Description, Team Leader contact details, maps relevant to your position and Volunteer ID card.

If you haven't received your pack in the post then please email volunteer@bicyclensw.org.au confirming your mailing address or call Tony on 02 9704 0809.

Volunteer Sponsors - Bicycle NSW is pleased to announce that our volunteers are supported by five well known companies. These companies have donated prizes that will reward our fabulous volunteers for helping out. Featherdale has provided 2 x adult entry passes, Biore has given us 500 Power Couple Moisturiser & SPF 30+ Lotion, Red Balloon has donated a \$100 gift certificate and IMAX theatre has donated 2 x adult movies passes.



Jump on your Bike and Ride the Route - Volunteers have the opportunity to ride the Spring Cycle Route once they have completed their volunteer duties. If you would like to ride the rest of the way to Sydney Olympic Park then email volunteer@bicyclensw.org.au so a rider number can be assigned to you.

Help Bicycle NSW Promote the Spring Cycle - Download the 2010 NSW Government Spring Cycle web banner and place it on your Facebook or My Space web page. Or print off the NSW Government Spring Cycle poster and put it up at work, or your local community centre. Bicycle NSW needs your help to make the 2010 NSW Government Spring Cycle the "Best Ever".

Go to the volunteer page on the Spring Cycle website and download the web banner and/or poster today. Together we can make a difference and make this years event one to remember.

Win a double pass to Penrith Whitewater and experience the excitement of Whitewater rafting. To win the double pass send us a picture of you promoting the Spring Cycle and the best entry will win the prize. Email your picture to volunteer@bicyclensw.org.au with your name and volunteer position.



Build Your Own Fundraising Page and Help us raise some money for OCF - To start your own fundraising is quick and easy: all you have to do is create your own Everyday Hero page and email it to your friends, family and colleagues for them to sponsor you for Volunteering in the 2010 NSW Government Spring Cycle. When they sponsor you for your Volunteer efforts they will be helping our charity raise some much needed funds.

To build your Hero page go to: <http://www.everydayhero.com.au/event/springcycle2010>

Tell us about your fundraising efforts and win Bunnings Warehouse gift cards. Simply email volunteer@bicyclensw.org.au and tell us what you are doing to fundraise for OCF and you will go in the draw to win the Bunnings gift card.



OCF style up our Volunteers with brand new T-shirts and Hats - Volunteers will be dressed in style at this years NSW Government Spring Cycle with funky new t-shirts and caps.

OCF our event charity has once again kindly donated the t-shirts and caps for all our wonderful volunteers - Thanks.

To check out the t-shirts our volunteers will be wearing on this years event, go to www.springcycle.com.au and click on the volunteer button.

Clarence Street Cyclery Women's Store – Supporting our Volunteers -

Bicycle NSW is proud to have the support of Clarence Street Cyclery Women's Store and this year they are supporting our volunteers by providing them all with a free Clarence Street Cyclery Women's Store water bottle. To check out this cool sporty water bottle, go to www.springcycle.com.au and click on the volunteer button.



Clarence Street Cyclery understands the important job our wonderful volunteers do for us and believe it is vital that they are rewarded and thanked for their efforts.



Blast From the Past - Here at Bicycle NSW we love to hear about stories from the past that bring the volunteers back time after time. If you have a story to share email it to volunteer@bicyclensw.org.au

Hebe's Big Ride Memories – Gloucester to Berowra 20 to 28 March 2004 RTA Big Ride

Another Big Ride, time to volunteer again. I volunteered to help in the entertainment as I really enjoy seeing the cyclists enjoying themselves. We left Gloucester and the weather was perfect great scenery and lots of smiling faces along the way. Tuncurry at last, time to pitch tents and check out the local tourist spots and shops, or stay at the camp site and make new friends and listen to a live band in the licensed Brasserie.

During the night some rain fell but not enough to dampen the spirits of over a 1000 cyclists.

We left Tuncurry to ride along The Lakes Way to Bulahdelah. As the cyclists rode, the rain became a torrential downpour, there were still lots of smiling faces even though everybody was wet throughout. The police stopped the ride as it was too dangerous to keep going, everybody was bussed to Bulahdelah. While this was happening I offered to door knock in Bulahdelah to find accommodation for everybody on the ride as camping was out of the question, Kerry (surname?) offered to come with me.

The first place we stopped was at The Top Shop, who told us who to contact across the road at the church. An elderly lady overheard our conversation and offered two beds in her house as she lived alone and would like some company. From then on no matter where we door knocked we were offered all kinds of accommodation, there was the local museum, enjoyed by all who slept there amongst the antiques and other memorabilia. The RSL Hall, library. The old hospital, took about 20 cyclists then the owner Leo asked could he please have more people as the sound of laughter in his house was great to his ears. A lady in a retirement village offered her old house as she had not sold it yet. The local auto electrician Arthur let about 20 people stay in the new section of his house which had just been built. The local butcher Wayne had just built a double garage as a rumpus room which had music, hammocks, lounges, making people wonder if perhaps they could stay for extra days as it was so comfortable. Best of all was the local saw mill owned by Anthony, who closed his sawmill so that we could use it for the brassiere for 2 days, there were other places the cyclists stayed, the town rallied around us.

Kerry and I set ourselves up in one of the old buildings at the show-ground and as cyclists came in and gave us their numbers we sent them to their accommodation. The next day I woke up with spots all over me, and I was sent home with measles. That was the end of the ride for me.



Joke of the Month - Two cyclists are riding along on a tandem, when suddenly, the one on the front slams on the brakes, gets off and starts letting air out of the tires. The one on the back says: "HEY! What are you doing that for!?" The first cyclist says, "My seat was too high and was hurting my butt. I wanted to lower it a bit."

So the one in the back has had enough. He jumps off, loosens his own seat and spins it round to face the other direction. Now it's the first cyclist's turn to wonder what's going on. "What are you doing?" he asks his friend. "Look mate," says the rider in the back, "if you're going to do stupid stuff like that, I'm going home!!"



Gear Up Girl Sydney –

The date has been set for the 2011 Gear up Girl Challenge Sydney – Saturday 5 March. So lock it in your diary now, so you don't miss out on being a part of exciting event. www.gearupgirl.com.au

2010 Bicycle NSW Volunteer Gala Dinner - It's on again - The Bicycle NSW Volunteer Gala Dinner where we will announce the Volunteer of the Year Award

When: Saturday 4 December
Where: City Tattersals Club, Sydney.

So mark it in your diary and get ready for a PARTY!

Call out for Volunteers New Event in 2011!!! -

The Parra Pedal for The Amy Gillett Foundation will be held on Sunday 13 February.

The Event will be showcasing the great cycle ways Western Sydney has to offer with a Multicultural festival at the finish at Parramatta Park

So save the date, more information will be available

Kirsten Leslie Pedals for the Kenya Orphan Project -

November seems to be creeping up very fast for fantastic Team Leader Kirsten as she prepares for her epic cycle from Nairobi to Kisumu in Kenya. This cycle challenge is to ride 435kms along the old colonial route across the Rift Valley to Lake Victoria. If you would like to support Kirsten and help our fundraiser for the Kenya Orphan Project email leslie_kirsten@hotmail.com



Other Volunteering Opportunities - Bicycle NSW recognises that there are many events happening around Sydney that would be great fun to get involved in. So why not try your hand and volunteer for one of these exciting events.

- Sydney Food and Wine Fair 2010; Saturday, 30 October 2010
- http://www.aidstrust.com.au/fwf_volunteer.html
- Newtown Festival: Sunday 14 November 2010
- <http://www.newtowncentre.org/festival/index.html>
- Centre for Volunteering has exciting volunteering opportunities
http://www.volunteering.com.au/event_volunteering/upcoming_events.asp



Birthday Shout Out - The Team at Bicycle NSW would like to wish the following Volunteers a fantastic Birthday!

Ted Duffy	Marie Bennett	Catherine Percy	Joseph Clarke	Tejo Superayitno
Ted Li	Daniel Vuong	Hannah Downey	Shauna Davey	Danilo Quisumbing
Steve Siu	Laurie Stark	Paul Armishaw	Megan Glascott	Swetha Sravanthi Neella
David Clark	John Holstein	Clare Hooper	Takako Jawor	Robert John Matthews
Glynne Krix	Shang-Heng Li	Clare McArthur	Wai Nam Ching	Gaetano De Bortoli
Ryan Lui	Kevin Silvy	Venla Markala	Julie Sheridan	Stephanie Wrightman
Kurt Sartori	Lee Nussbaum	Philip Johnston	Noreen Fielding	Melanie Mackenzie
Ming Fong	Angel Rana	Jennifer Curry	Barbara Fletcher	Acintya Hayuningtyas
Bill Lodge	Meng-Yu Tsai	Joanne Fleming	Gurpinder Singh	Harris Shaul Hameed
Sahshi Liu	Yuk Ha Lee	Arran Pearson	Angeline Siow	Giovanni Frischman
Lu Chen	Amy Harmer	Amanda Eatock	Josephine Borg	Aleteia Vasconcellos
Maria Gura	Elaine Liao			

To unsubscribe please email your name and email address to volunteer@bicyclensw.org.au