

Volunteering began for me when I was in year 10, I would sometimes spend my time assisting at various events, such as community festivals. But as I got to the final stages of my higher school education, volunteering became even more common to me. After becoming more and more focused on where I wanted to go after my HSC exams, it made sense to volunteer. I always wanted to enter the sporting world, whether it be as a physiotherapist or personal trainer. So volunteering was the perfect solution to exploring my thoughts towards a career in the sport and fitness industry. That's where Bicycle NSW came in! Volunteering at the Spring Cycle and as an intern, allowed me to explore my future career path, and as a keen cyclist express my love of cycling! I also volunteer because I get great satisfaction out of helping and supporting others.



At first I was nervous because I had never been involved in large events such as these. But in the end it is a great way to spend my time. Volunteering can be done by anyone! Not only is it a great way to socialise, but it is also a way of utilising your skills and even developing new ones. Volunteering is awesome, not only does it allow you to explore possible career paths, but it allows you to develop new friendships and even develop greater confidence in your own ability. By volunteering you help promote initiatives and you help a cause!

Because of the volunteering, and my love of sport, it has allowed me to feel confident in my decisions towards a future career path way, starting with university.