



Benito Lopez - I volunteer to give back to the community as I have been a participant of many sporting activities which have shaped my personality and competitiveness. I felt it was time to give back to the cycling community so I make it a point to volunteer every year.

Volunteering is a great way to meet new friends and learn how to organise events. You get fulfilment when you see smiles on other people's faces after changing a flat tyre or fixing a bicycle chain. I was once given a hug by a drop dead gorgeous lady

after fixing her tyre and boy I didn't want to wash my shirt! The souvenirs and show bags are great remembrances for a great event.

When I'm volunteering I'm a mobile bike mechanic I love riding road bikes so it gives me the opportunity to help out participants with their bike mechanical issues and at the same time ride and enjoy the scenery .

I started volunteering in 2008 as I struggled to find training rides to do. So I decided to volunteer and have been hooked since.

Everything with Bicycle NSW is great, the support is great and I'll be sure to be volunteering again in 2010.